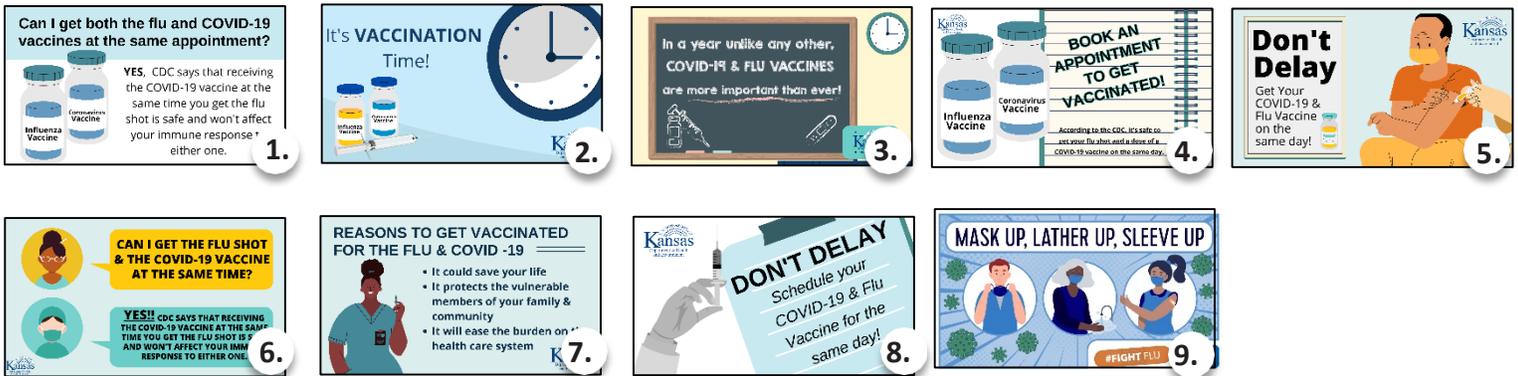




Kansas Fights Flu 2021 Social Media Toolkit

The Kansas Department of Health and Environment created these graphics and sample posts to help you raise awareness about influenza in Kansas. Posts can be customized to include your influenza-related information. Hashtag suggestions: #KansasFightsFlu #GetAFluVax. Find more graphics and sample posts including resources in Spanish at [CDC.gov/flu](https://www.cdc.gov/flu/).

Find these graphics and more in the social media toolkit at kdheks.gov/coronavirus in the Publications section.



1. Can I get both the flu and COVID-19 vaccines at the same appointment? Graphic

Yes! It's safe, effective and efficient to get both your flu vaccine and the COVID-19 vaccine at the same time. Talk to your health care provider today.

2. It's vaccination time! Graphic

Flu season can begin as early as October. It usually peaks between December and February, and it can last as late as May. A flu vaccine is your best defense to protect yourself and your fellow Kansans.

3. In a year unlike any other COVID-19 & flu vaccines are more important than ever! Graphic

You have the power to protect yourself and your loved ones. Choose to get a flu vaccine. Talk to your health care provider or find your nearest vaccination destination today: [Vaccines.gov](https://www.vaccines.gov).

4. Book an appointment to get vaccinated! Graphic

Now is the time to get a flu vaccine. Protect yourself and your friends and neighbors before the flu begins spreading in your community. Find your nearest vaccination location today: [Vaccines.gov](https://www.vaccines.gov).

5. Don't delay Graphic (Person sitting)

Getting a flu vaccine is more important than ever, not only to reduce your risk from flu but also to help conserve potentially scarce health care resources. The CDC recommends everyone over 6 months of age get a flu vaccine.

6. Can I get the flu shot & the COVID-19 vaccine at the same time? Graphic

Yes, you can safely and effectively get a Flu and COVID-19 vaccine at the same time. Both reduce your risk of severe illness, hospitalization and death.

7. Reasons to get vaccinated for the flu and COVID-19 Graphic

Getting a flu vaccine is more important than ever, not only to reduce your risk from flu, but also to protect your loved ones and help ease the burden on our health care resources.

8. Don't delay Graphic (Needle)

It's safe, effective and efficient to get both your flu vaccine and the COVID-19 vaccine at the same time. Vaccines provide the strongest protection against both illnesses. If you have questions or concerns, talk to your health care provider.

9. Mask Up. Lather Up. Sleeve Up. Graphic

Protect yourself and others this fall and winter. Vaccines offer the strongest protection against severe illness and death from COVID-19 and the flu. Physical distancing, wearing a mask and washing your hands frequently are important too.