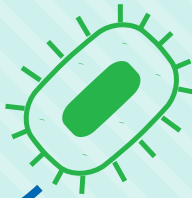


# Ukuri ku Nkingo



Kubabara imitsi, ubushye no kugira umuriro nyuma yo gukingirwa nibyo bimenyetso urukingo ruri gutera.

Inkingo ziturinda indwara zica ndetse zikomeye.



.....  
Inkingo zagabanyije indwara nyinshi ku buryo bugaragara.  
.....



.....  
Inkingo ntizitera abantu kuba ingumba.  
.....

Ibigize inkingo birizewe uretse igihe umubiri wawe udahuza na kimwe mu bizigize.



HIV ntiwayifata binyuze mu rukingo.



.....  
Inkingo zikoze muri virusi yishwe ntizagutera indwara.  
.....



Inkingo ntizitera otizime (Autism).

Nta dukoresho twafasha kugukurikirana aho uya hose turi mu nkingo.

