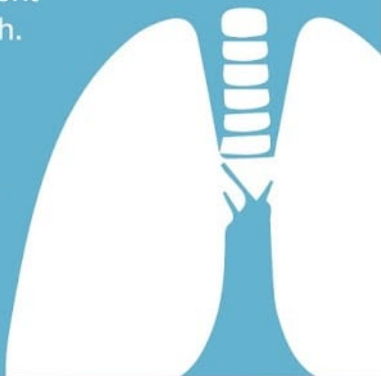


WHOOPING COUGH FACTS

Whooping cough (pertussis) is a serious illness that can cause horrible coughing and trouble breathing. It spreads easily, especially to babies.

A shot can prevent whooping cough.

Talk with your doctor about protecting your baby from whooping cough.



Whooping cough is a **BIG** problem in Texas.

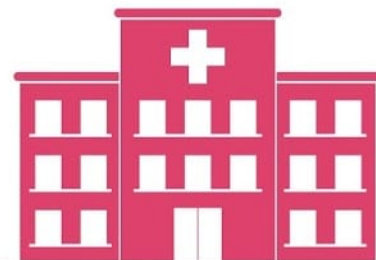
2013 was the worst in 50 years.



Whooping cough is really bad for babies.

Half of babies with whooping cough will need to go to the hospital. Some will die.

Newborns can't start their whooping cough shots right away. The best way to protect newborns is to be sure everyone around them is up to date with a whooping cough shot.



PROTECT YOUR BABY FROM WHOOPING COUGH BE WISE — IMMUNIZE

Everyone needs the shot!

A baby with whooping cough usually catches it from a family member or caregiver. So all the people around a baby need to be up to date with their shot:

- Mom: Get the shot during your third trimester of each pregnancy to pass protection to the baby.
- Dad
- Brothers & sisters
- Grandparents
- Childcare workers
- Health care professionals



To protect babies as they grow:

They need whooping cough shots at 2, 4, 6, and 15-18 months, and at 4-6 years.

Find a vaccination:

- Your doctor's office
- Pharmacy
- Call 2-1-1 to find free or low-cost shots.



Be Wise — ImmunizeSM
Physicians Caring for Texans

Get the shot at least 2 weeks before being around a baby.

Source: Centers for Disease Control and Prevention

Be Wise — Immunize is a joint initiative led by TMA physicians and medical students, and the TMA Alliance. It is funded by TMA Foundation thanks to major gifts from H-E-B and TMF Health Quality Institute, along with generous contributions from physicians and their families.

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