

# Shingles Affects 1 in 3



Shingles is a painful skin rash caused by the same virus that causes chickenpox. ***One out of every three people 60 years or older will get shingles***, and older adults are more likely to develop severe pain from shingles that can last for months or even years.

If you are 60 years or older, ***talk to your healthcare professional about getting shingles vaccine***, as well as other vaccines that may be recommended for you.

